

Welcome to the September edition of Newham Council's Adult Social Care Newsletter for Providers. If you would like to submit an article or ask me a question email me at AskGrainne@newham.gov.uk

This week bulletin includes an update on:

- Joint Carers Strategy Consultation Workshop
- People At The Heart of Health and Social Care.....
- Inclusion Confidence Training
- Peer Leader Training Programme
- Community Neighbourhood Citizen's Assembly –Residents Have Their Say On Council Decisions
- Project SEARCH Success Continues
- HOPE – Free Self-Management Course For Coping With Cancer..
- Sensory Awareness Induction Workshop
- Blue Light Training Course
- Newham's Shared Lives Service
- Celebrating Older People's Day In Newham.....
- National GP Patient Survey Results
- Provider Zone.....
- Ask Grainne



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Joint Carers Strategy Consultation Workshop

The [Newham Joint Carers Strategy 2015 - 2018](#) is being refreshed. The strategy sets out how we will support carers to maintain their health and wellbeing whilst within their caring role. This refresh provides an ideal opportunity to evaluate what was achieved in the last strategy and to agree what priorities need to be set over the next three years.

The final consultation workshop takes place on:

Monday 24 September 2018

10.30 - 12.30pm

John Hopkins Room at Stratford Library, 3 The Grove, London E15 1EL

For more information and to confirm your attendance contact
Commissioning.Assistant@newham.gov.uk or Agnes.Olagunju@newham.gov.uk

People At The Heart of Health and Social Care

Mayor of Newham Rokhsana Fiaz will be a key note speaker at an event to discuss with residents Newham's health and social care service.



The event is hosted by [Healthwatch Newham](#) and will also give residents the opportunity to book a one-to-one session for complaints advocacy and information on health and social care services.

Thursday 20 September 2018

Stratford Library, Hopkins Room, 3 The Grove, London E15 1EL from 10am - 1pm

This is a great opportunity to talk to and receive updates from:

- Barts Health Trust
- East London Foundation Trust on people participation and complaints

To book or for more information contact info@healthwatchnewham.co.uk on telephone 020 3866 2969.

Inclusion Confidence Training

Together! 2012 CIC are holding FREE Inclusion Confidence Training to Newham-based community organisations. This training supports Newham's voluntary sector by offering training for staff and volunteers to develop disability and diversity equality. Including the basics of the Equality Act 2010, creating barrier-free services, understanding reasonable adjustments and disability & society.



The courses take place on:

Wednesday 12 September Newham Leisure Centre, Prince Regent Lane,
E13 8SD 12pm-5pm

Wednesday 19 September St Mark's Community Centre, 218 Tollgate
Road, Beckton London 11am – 3:30pm

Wednesday 26 September Royal Docklands Learning & Activity Centre,
Albert Road North Woolwich London E16 2JB. 11am 3:30pm

To book or for more information contact Robin@together2012.org.uk on 07811 217 648.

Peer Leader Training Programme

If you are interested in developing the skills necessary to run your own community user led group, can commit to at least one day a week for six months and an initial 5 days training, then our Peer Leader Training and Development programme could help support you throughout the process.



NEXT COURSE STARTS

3 October 2018

Wednesdays

5 weeks

10am to 2.30pm

To book visit www.mithn.org.uk/leap-programme.html

Community Neighbourhood Citizen's Assembly –Residents Have Their Say On Council Decisions

Throughout September residents are being invited to attend Community Neighbourhood Citizens' Assemblies to help to identify and discuss how best to address challenges in the borough.

Community Neighbourhood Citizen Assemblies give residents direct influence over decision making and a greater say on local funding.

[Click here for more information](#)

Project SEARCH Success Continues

12 young residents have graduated from a supported work placement programme based at Newham University Hospital.

[Project SEARCH](#) is a supported work placement programme for young adults with disabilities. The programme which lasts for a full academic year enables them to carry out internships throughout the hospital and receive support to help prepare them for employment.

The project hosted by Newham University Hospital and supported by Newham Council, Newham College and Barts Health NHS Trust has been running since 2014. The 12 young residents completed the 2017/2018 programme celebrating this achievement at a ceremony earlier this month (12 July) at Mile End Hospital, attended by Councillor Susan Masters, cabinet member for health and adult social care.



Tamera Mensah, a 19-year-old graduate said: "We owe our greatest thanks to both our job coach and tutor for their exceptional support and for believing in us. This programme has helped to transform our lives."

Fellow graduate, a 20-year-old Lazarus Henry said: "This experience has helped to build up our confidence, we all enjoyed it and I am very happy I have graduated. It has helped me to prepare for and take up a new job." Due to the continued success of the project, it will run again from September this year.

For more information on Project SEARCH and how to apply, contact Joseph Kunyeda, on Joseph.Kunyeda@newham.gov.uk or 020 3373 1101.

For more information on employment, visit www.newham.gov.uk/jobs

HOPE – Free Self-Management Course For Coping With Cancer

Macmillan HOPE (Help to Overcome Problems Effectively) runs from Tuesday 11 September for 6 weeks.

This course is for anyone living with cancer.

The session topics include managing stress & mindfulness, managing fatigue & sleeping better as well as get active feel good. Patients are required to attend all 6 sessions if possible. This course is open to residents of City & Hackney, Tower Hamlets and Newham.



For more information contact G.Repino@STJH.org.uk on 020 8525 3220

Sensory Awareness Induction Workshop

A free workshop to provide an overview of the impact that a visual, hearing and dual impairment can have on a person's independence, health and wellbeing. It will provide you with an opportunity to:

- Develop a basic awareness, advice and skills relating to sensory impairment
- Understand the impact on sensory loss on people's lives
- Develop an awareness of communication issues
- Learn from people living with sensory loss
- Learn about the work of the Enabled Living Sensory Team



Enabled Living Demonstration Area, The Resource Centre, 200 Chargeable Lane, London, E13 8DW.

Next workshops:

Thursday 11 October 2018 from 10am - 1pm

Tuesday 22 January 2019 from 10am - 1pm

Contact info@enabledlivinghealthcare.co.uk to reserve your place.

Blue Light Training Course

The Blue Light Training Programme is a 1-day course for professionals working with high impact, change resistant, problem drinkers in Newham.



By the end of this course participants will be able to:

- Identify change resistant clients who need to be targeted;
- Understand the rationale for attempting to intervene with this client group;
- Understand in greater detail the physical and psychological effects of alcohol
- Be able to use the “assessing barriers to change” framework;
- Understand the range of techniques available for use with this group including risk management, nutrition and harm reduction approaches;
- Be able to use the 12 questions tool
- Be able to refer on to CGL, Newham’s drug and alcohol treatment service

Thursday 13 September from 9 – 4pm at Custom House and Canning Town Community Neighbourhood Centre and Library

[Click here for more information](#) or contact s.hussain@adfam.org.uk

Newham’s Shared Lives Service

Newham’s Shared Lives Scheme has received an overall ‘Outstanding’ rating following their latest CQC inspection.

The CQC inspection focuses on five key areas and examines whether the service is safe, effective, caring, responsive and well-led.

The report was extremely positive and highlighted the passion the team and the carers shared about providing excellent care and supporting vulnerable people to lead ordinary lives within an inclusive family environment.



[Click here for more information.](#)

Celebrating Older People’s Day In Newham

Come along to celebrate the UN International Day for Older People and recognise the Champions’ of older people’s participation in the borough.

Come along and enjoy entertainment and join in with FREE activities to keep you happy, healthy and socially active.

Residents can also receive information and advice from a range of health and social care organisations.

Thursday 18 October, 10.30am-2pm
Stratford Circus Arts Centre
Theatre Square, Stratford E15 1BX

Light refreshments will be available and a light lunch will follow

For more information email CHSocialCare@newham.gov.uk or call **07854 962 478**. Please also let us know if you have any specific access requirements.

National GP Patient Survey Results

The latest [GP patient survey results](#) have been updated.



The results include patients' experiences of making appointments, perceptions of care at appointments, patient access and opening hours. The survey compares practices against the CCG as an average and other CCGs nationally. To view the survey results for your practice, visit www.gp-patient.co.uk

Provider Zone

[The Provider Zone](#) is an online resource that provides information to support the ongoing partnership between providers and Newham Council.

Content includes provider forum dates, policy and procedures checklist, and the market position statement.

Ask Grainne

The aim of this bulletin is to promote joint working, learning and development opportunities and share good practices to ensure the best outcome for providers, customers, carers and their families.

This is a great opportunity for providers to find out what is happening within adult social care and health locally and also share ideas, events and learning.

If you would like to submit an article to be included in the bulletin email AskGrainne@newham.gov.uk

